## HEAGHTS

# Ladders and stepladders FIVE STEPS TO KEEP YOU SAFE 



## CHOOSE THE RIGHT EQUIPMENT

$\rightarrow$ Appropriate for the working environment and the job
$\rightarrow$ Good working condition


CARRY IT
PROPERLY
$\rightarrow$ Transport the equipment alone or with help
$\rightarrow$ If necessary, lock any moving parts and secure the ropes



USE THE EQUIPMENT PROPERLY
$\rightarrow$ Use the locking and stabilization mechanisms
$\rightarrow$ Always maintain three points of contact


STORE AND
MAINTAIN
$\rightarrow$ Store on wall mounted hooks or flat on the floor
$\rightarrow$ Schedule periodic equipment maintenance


