# Steps to Take Off (Doff) Personal Protective Equipment





#### **GLOVES**

Glove-to-glove to remove 1st glove Skin-to-skin to remove 2nd glove Discard in garbage







### **HAND HYGIENE**

\*rub/scrub for at least 15 seconds





#### **GOWN**

Unfasten neck then waist ties Roll away from body Discard in laundry (reusable) or garbage (disposable)







#### **HAND HYGIENE**

\*rub/scrub for at least 15 seconds







## **GOGGLES or FACE SHIELD**





#### **MEDICAL MASK**

Untie bottom then top tie OR grasp the elastic straps behind both ears, pull forward off the head Discard in garbage

### **N95 RESPIRATOR**

Bending forward slightly, lift the bottom elastic over your head first, then the top elastic and lift away from face Discard in garbage







### **HAND HYGIENE**

\*rub/scrub for at least 15 seconds

Workplace health and safety: a priority for all.