

## ***In the Moment* Risk Assessment - Client Moving**

The *In the Moment* risk assessment is a process to assess **changes** in the client as compared to the criteria documented in the client's care plan or the TLR logo. It is a "mental" checklist to aide in identifying risks on a regular basis, ensuring that the client is always moved in the safest and most independent manner possible.

The TLR *In the Moment* Risk Assessment enables the worker to:

- monitor changes in the client's status that would impact mobility. Some of the most obvious changes that alert the worker to changes in the client's overall status include: changes in appearance, such as facial asymmetry, paleness and cyanosis; shortness of breath; not sitting well in a chair (slumping or sliding out); slurring or incoherent speech.
- compare expectations of the client's abilities as determined through the latest client mobility assessment (i.e. either the Initial or a subsequent ongoing assessment) with the client's responses at the time the moving task is to be performed
- determine the appropriateness of the client's chart/logo information for moving the client at the time the moving task is to be performed
- request either another risk assessment (e.g., if there have been at least two document changes in the clients ability to mobilize) or a Specialized assessment
- incorporate self, environment and equipment **at the time** of the move to ensure the safety for the worker(s), the client and the assistant(s)

In addition:

- workers may need to increase the level of assistance at the time of the move.
- workers cannot decrease the level of assistance indicated (in chart, logo, etc.) without a documented re-assessment completed.
- the only exception is when *In-transition* logos are used in certain areas/departments.

Following at least two documented changes in the client's ability to mobilize, whether deterioration or improvement, a re-assessment is completed.

## **TLR Safe Work Practice - TLR *In the Moment* Risk Assessment**

For each client moving task:

- 1. Verify** before performing a moving technique. Find out:
  - what you need to know about the client report, progress notes, co-workers
  - what may be new or has changed since the last move, last shift
  - is the moving technique a transfer, lift or reposition and what equipment is needed
- 2. Assess** for risks:
  - assess yourself before, during and after: ask yourself questions such as “How am I feeling?”, “What is my attitude like today?”
  - assess the environment and equipment
    - do you need a co-worker, transfer belt, slider sheets, mechanical lift?
    - ensure appropriate assistance and equipment is available in quantity, capacity and quality
    - your route is planned - clear of any obstacles
  - assess the client before, during and after the move through communication and observation
- 3. Select** the moving technique:
  - it may already be identified
  - it may have changed since the last time the client was moved
  - it may be another appropriate technique
- 4. Prepare** for the move:
  - appropriate footwear
  - the plan is in place (equipment, assistance, route)
  - clear visibility
- 5. Move** the client:
  - duties are assigned
  - safe body mechanics (stance, grip, weight transfer)
  - use the appropriate steps for the moving technique
- 6. Evaluate**
  - did you feel that the move compromised your own safe body mechanics?
  - did you feel you were lifting the client?
  - was the client somewhat unstable during the move?
- 7. Communicate**
  - what went well
  - how risks were eliminated or managed
  - what the recommended moving technique should be

Refer to the TLR User Manual, Module 2, for more information on the TLR risk assessment process.

### **Safety Talk Discussion**

**Be Accountable: Choose safety - work safe - and go home injury free!**