

TLR Safe Work Practice - Client Moving, Standing Transfers**TLR Safe Work Practice - Standing Transfers**

Standing transfers include:

- workers appropriately trained and current on the technique and equipment
- preparing for the transfer by ensuring the client meets the criteria, the assistant(s) is present to manage any equipment and/or attachments, the room/pathway is clear of any obstacles
- proper application of the transfer belt
- worker positioning to ensure safe body mechanics
- working within your comfort zone but not to interfere with the clients ability to participate. Workers arms are either inside or outside the clients depending upon client assessment of body awareness/weight distribution as well as placement of the clients hands:
 - if on a seated surface or armrests, workers arms may be inside clients arms
 - if on clients own thighs, workers arms may be outside clients arms
- understanding that risks may increase if the worker's height/weight is disproportionate to that of the client
- effective communication:
 - the "1-2-3-command"
 - with everyone involved in the move
 - throughout the entire moving technique
- consideration of any devices that would assist with making the move safer
- stopping the moving task when risks are identified that may jeopardize the safety of the moving task

Standing Transfer with Belt - One Worker

This technique most often starts with the client in a sitting position. The client requires:

- one worker for guidance and/or stabilization

The client may require one or more assistants to manage equipment and/or attachments. The number of assistants would be determined by the size/weight/shape of equipment (e.g., bariatric equipment) as well as the number of attachments (e.g., IV, catheter, monitors, etc.).

Standing Transfer with Belt - Two Workers

This technique most often starts with the client in a sitting position. The client requires:

- at least two workers for guidance and stabilization

The client may require one or more assistants to manage equipment and/or attachments. The number of assistants would be determined by the size/weight/shape of equipment (e.g., bariatric equipment) as well as the number of attachments (e.g., IV, catheter, monitors, etc.).

Refer to the TLR User Manual, Module 4, for more information on TLR standard client moving techniques.

Safety Talk Discussion

Be Accountable: Choose safety - work safe - and go home injury free!