

Catalogue of Safety Talks

This catalogue will assist you with finding a Safety Talk on SASWH's website (www.saswh.ca). Where OH&S legislation is referenced, the Act refers to *The Saskatchewan Employment Act, Part III* and Regulations refers to *The Occupational Health and Safety Regulations, 2020*.

*Safety Talks added since the last catalogue update are indicated in **bold**.*

Category	Safety Talk
Body Mechanics (2)	<ul style="list-style-type: none"> ▪ Be a Smooth Mover ▪ Self-assessment – Body Mechanics
Dementia Care (3)	<ul style="list-style-type: none"> ▪ Managing Behaviour Changes ▪ Seven A's of Dementia ▪ Ten Tips to Communicating with a Person with Dementia
Dietary (4)	<ul style="list-style-type: none"> ▪ Injury Prevention for Cooks ▪ Preventing Slips, Trips and Falls ▪ Safe Use of Knives ▪ Using Mixer Guards
Driving (4)	<ul style="list-style-type: none"> ▪ Combat Drowsy Driving ▪ Eliminate Distracted Driving ▪ Prepare for Winter Driving ▪ Wet Weather Driving Tips
Environmental Services (18)	<ul style="list-style-type: none"> ▪ Cleaning Walls ▪ Environmental Services – Organize Your Work ▪ Environmental Services – Workplace Awareness ▪ Floor Scrubbers and Polishers ▪ Garbage – emptying cans ▪ Garbage – managing containers and bags ▪ Garbage – pulling bags ▪ Garbage – transporting, lifting and dumpsters ▪ High Dusting ▪ Mopping – Body Movement ▪ Mopping – bucket and mop selection ▪ Mopping – wringing ▪ Moving Barrels and Carts ▪ Preventing Slips, Trips and Falls ▪ Snow Shoveling ▪ Sweeping ▪ Water Pails and Buckets ▪ Wiping and Dusting
Ergonomics (2)	<ul style="list-style-type: none"> ▪ Monitor, Keyboard and Mouse ▪ Seating Tips
General (26)	<ul style="list-style-type: none"> ▪ 10 Tips for Working With Limited Resources ▪ Accountability and Compliance ▪ Bullying in the Workplace ▪ Eyes and Mind on Task ▪ Fatigue – Are You At Risk? ▪ First In-First Out ▪ Food and Drink at Your Workspace ▪ Footwear – Legislated ▪ Footwear – Walk Safe to and from Work

	<ul style="list-style-type: none"> ▪ Harassment ▪ Health and Safety Hazard Identification ▪ Investigations ▪ Lockout-Tagout ▪ New Worker Orientation ▪ Portable Ladder Inspections – Continuous or Ongoing ▪ Pre-task Briefing – Be Prepared ▪ Reporting of Incident & Worker Concern ▪ Safety Rules ▪ Safe Use of Sharps Containers ▪ Safe Work Practices ▪ Safe Work Procedures ▪ Sensitivities and Allergens ▪ Stay Alert – Stay Safe ▪ Staying in Touch – when working alone ▪ Teamwork ▪ Workplace Civility and Respect
Legislated Duties, Roles and Responsibilities (3)	<ul style="list-style-type: none"> ▪ General Duties – legislated ▪ Occupational Health Committees ▪ Workers’ Rights
PART program [®] specific (9)	<ul style="list-style-type: none"> ▪ Our Attitude ▪ Self-assessment ▪ The Assault Cycle ▪ The Basic Needs Model ▪ The Communication Model ▪ The Developmental Model ▪ The Environmental Model ▪ The Interactive Model ▪ Understanding Behaviours
Personal Health (4)	<ul style="list-style-type: none"> ▪ Be Sweet to Your Feet ▪ Hand Washing: Reducing Risk of Common Infections ▪ Take Care of Your Back ▪ Work-life Balance
Personal Protective Equipment (1)	<ul style="list-style-type: none"> ▪ Donning and Doffing Gown, Mask, Goggles and Gloves
Safe Object Handling (2)	<ul style="list-style-type: none"> ▪ Elements to Moving an Object ▪ Removing Risks from Object Moving Tasks
Safe Patient Handling and Equipment (6)	<ul style="list-style-type: none"> ▪ Effect of Violence on the Client Moving Task ▪ General Safety Instructions for Patient Lifts ▪ Lifting Children Safely ▪ Repositioning Sheets ▪ Safe Patient Handling Equipment – Sling Label Information ▪ Safe Patient Handling Equipment Checks
Safety Management System (SMS) (9)	<ul style="list-style-type: none"> ▪ SMS - Introduction ▪ SMS - Element 1 ▪ SMS - Element 2 ▪ SMS - Element 3 ▪ SMS - Element 4 ▪ SMS - Element 5 ▪ SMS - Element 6 ▪ Leading and Lagging Indicators

	<ul style="list-style-type: none"> ▪ Risk Matrices
TLR® program® specific (17)	<ul style="list-style-type: none"> ▪ 1-2-3-Command ▪ Assess Your Own Self for Risks ▪ Assess the Object for Risks ▪ Assess the Environment for Risks ▪ Assess the Equipment for Risks ▪ TLR Logos ▪ TLR Program and Mechanical Lifts ▪ TLR Transfer Belts TLR Safe Work Practices: <ul style="list-style-type: none"> ▪ Client Mechanical Lifts ▪ Client Moving ▪ Client Moving - Lying to Sitting-Sitting to Lying ▪ Client Moving - Standing Transfers ▪ Client Repositioning ▪ General Moving ▪ In the Moment Risk Assessment - Client Moving ▪ In the Moment Risk Assessment - Object Moving ▪ Pushing/Pulling Wheeled Equipment
Trades (4)	<ul style="list-style-type: none"> ▪ Handling Construction Material (drywall, gyproc) ▪ Handling Construction Material (manual handling) ▪ Handling Flooring (carpet, linoleum) ▪ Handling Heavy Tools and Equipment
Transportation of Dangerous Goods (TDG 6.2) - Infectious Substances (1)	<ul style="list-style-type: none"> ▪ TDG 6.2 Infectious Substances (exempt or not exempt)
WHMIS 2015 and WHMIS after GHS (6)	<ul style="list-style-type: none"> ▪ Consumer Products and WHMIS 2015 ▪ Globally Harmonized System – pictograms and hazards ▪ WHMIS (after GHS) – why, how, roles and responsibilities ▪ WHMIS – Decanting ▪ WHMIS 2015 - Training and Education ▪ WHMIS 2015 Transition