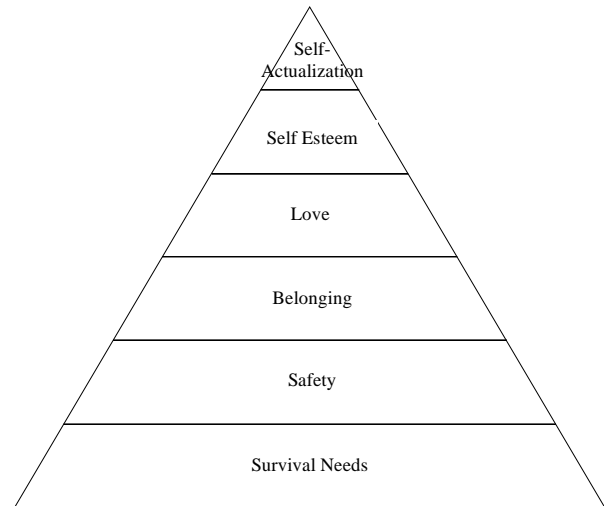


## PART - The Basic Needs Model

Throughout life, all of a person's behaviour is designed to meet certain basic needs. These needs are met in a certain order - higher level needs rely on having lower level needs met. Yet all of these needs are "basic" to every individual. These "basic needs" have been stated in a variety of ways. The diagram is one example of this hierarchy.

Violence may result from either a threat to one of these basic needs or an attempt by the individual to attain (get) a given need.

In a treatment (care) setting, staff members may instigate (start) an assaultive response by their own actions. An example of this would be forcing an individual (client) into a group or location where he or she feels unaccepted or unsafe. When staff focus first on assisting the person with feeling more secure in the situation, then interventions focused on the individual's self-esteem will help.



Can you think of someone with whom you have worked and who has become assaultive - **do not use real names for confidentiality purposes.**

Think of how this individual's assaultive behaviour resulted from a threat or an attempt to meet one of the needs.

source: *Professional Assault Response Training (PART) program*®

### Safety Talk Discussion

**Be Accountable: Choose safety - work safe - and go home injury free!**