

TLR Guided Mobility

This technique is for the client who:

- is able to transfer or reposition themselves with or without the use of assistive devices such as a cane or walker, AND
- requires guiding or cuing from a worker, AND/OR
- requires assistance with attachments/equipment from one or more workers



At the time of the move and for the duration of the move the client is able to achieve all of the following:

- bear their body weight through part(s) of their body
- display reasonable judgement. This client may have some difficulty with decision-making, but can still physically mobilize on their own (e.g., the client with Alzheimer's/dementia)
- is predictable and reliable in performance and behaviour (e.g., is steady on the feet and can safely and confidently relocate and/or reposition themselves)
- understands what is expected to the extent required for the move. The client may respond more appropriately to non-verbal cues (e.g., the physically-able dementia client who needs to hold the worker's hand)
- requires no physical hands-on assistance from the worker(s) with mobility
- may require assistance from the worker, such as:
 - verbal guidance and/or hand motions
 - putting on shoes or sensory aids
 - assistance with hand or foot placement
 - assistance with appliances (such as IV pole) or setting up equipment (e.g., positioning the wheelchair and applying brakes)

Workers always consider the risk of abusive/violent behaviour, be trained to recognize potentially violent situations, as well as how to respond to and report violent incidents.



Refer to the TLR User Manual for additional information