WAVE General Participant Agenda

This Agenda aligns with PowerPoint slides

Welcome & Introductions (3-5 minutes)

 What does WAVE stand for (1-2 minutes)

What You Will Learn (1-2 minutes)

 Accountability (5-6 minutes)

WAVE Approach Zones (3-5 minutes)

 Approach Zones (review standing, sitting, lying)

Too Close for Comfort (5-10 minutes)

 Practice approach

Signs of Aggression (1-2 minutes)

6 Steps to Safety – including What’s Your Line (8-10 minutes)

 Eye Contact

 Appropriate Zone

 Safe Distance

 Turn your Body

 Show your Hands

 Assess the Client

Practice 6 Steps to Safety (10-15 minutes)

Approaching Closer (3-5 minutes)

 Lower Approach

 Gaining Control

 Redirecting Technique

 Leaving the Area

Practice Approaching Closer (10-15 minutes)

Three P’s (1-2 minutes)

5 Safety Scans for Community Workers (1-2 minutes)

Other Contributors to Violence (1-2 minutes)

To Protect Yourself, You Can (3-5 minutes)

Bringing it All Together (3-5 minutes) (End of WAVE 101)

 evaluation

**Break then Continue with Agenda for WAVE 303**

Safe Practice (3-5 minutes)

 Warm-up Activity

Breakaway techniques (40-60 minutes)

 return demonstration from each person on each technique

Bringing it All Together (3-5 minutes)

 evaluation