



CONTACT PRECAUTIONS



Personal Care, Group & Residential Homes

SINGLE ROOM RECOMMENDED WITH DEDICATED EQUIPMENT

EVERYONE MUST:



Clean hands when entering and leaving room



STAFF MUST:



- ✓ Wear gown and gloves when providing direct care
- ✓ Discard gown and gloves on leaving room

VISITORS MUST:



- ✓ Check with staff before entering room
- ✓ Wear gown and gloves when providing direct care
- ✓ Discard gown and gloves on leaving room

RESIDENTS:



- When residents must leave their room:
- ✓ Wear clean clothing

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USE IN ADDITION TO ROUTINE PRACTICES

Additional Information – Also see Contact Precautions Information Sheet

- Single room and bathroom recommended whenever possible.
- If room sharing: ensure separation of at least one metre between residents and between beds; dedicate a bathroom or commode for each resident; pull privacy curtains between residents.
- Door may remain open.
- Dedicate equipment to the isolated resident or clean and disinfect shared equipment after use.
- Do not share items (e.g., puzzles, books, electronics) that cannot be cleaned and disinfected.
- Rooms should contain a dedicated linen bag. Do not overfill bags. Double bag only if leaking.
- All high touch surfaces in the resident's room must be cleaned at least daily with facility approved products and procedures.

Common Organisms Requiring CONTACT Precautions (not all inclusive)

- C Diff (*Clostridium difficile*)-because of spores, it requires washing hands with soap & water
- Scabies until 24 hours after treatment
- Norovirus (Droplet and Contact Precautions if actively vomiting)
- Antibiotic Resistant Organisms – refer to Additional Precautions for ARO Positive Residents in Personal Care, Group & Residential Homes information sheet

- Wear a new gown and gloves to enter resident room or bed space when:
- providing **direct care** (e.g., *bathing, washing, turning the resident, changing clothing, continence care, dressing changes, care of open wounds/lesion or toileting*)
 - having any contact with items in resident room (*including gathering and handling specimens*)
 - cleaning any areas in the resident room

NOTE:

If the resident has diarrhea, it is recommended that soap and water be used after removing gloves instead of alcohol-based hand rub.