



# DROPLET AND CONTACT PRECAUTIONS



Personal Care, Group & Residential Homes

**SINGLE ROOM RECOMMENDED WITH DEDICATED EQUIPMENT**

**EVERYONE MUST:**



Clean hands when entering and leaving room



**STAFF MUST:**



- ✓ Wear mask, eye protection, when within 2 metres or 6 feet of resident
- ✓ Wear gown and gloves when providing direct care
- ✓ Discard ALL PPE on leaving room

**VISITORS SHOULD:**



- ✓ Check with staff before entering room
- ✓ Wear mask, eye protection, when within 2 metres or 6 feet of resident
- ✓ Wear gown and gloves when providing direct care
- ✓ Discard ALL PPE on leaving room

**RESIDENTS:**



- When residents must leave their room:
- ✓ Wear clean clothing and mask
  - ✓ Perform hand hygiene

# DROPLET AND CONTACT PRECAUTIONS USE IN ADDITION TO ROUTINE PRACTICES

## Additional Information – Also see Droplet and Contact Precautions Information Sheet.

- Single room and bathroom recommended whenever possible. If room sharing, ensure separation of at least two metres between residents and between beds; dedicate a bathroom or commode for each resident; pull privacy curtains between residents.
- Door may remain open.
- Dedicate equipment to the isolated resident or clean and disinfect shared equipment after use.
- Do not share items (e.g., puzzles, books, and electronics) that cannot be cleaned and disinfected.
- Rooms should contain a dedicated linen bag. Do not overfill bags. Double bag only if leaking.
- All high touch surfaces in the resident's room must be cleaned at least daily with Health Canada approved products (properly diluted bleach is an acceptable disinfectant if the surface is cleaned first).

## Some Organisms Requiring DROPLET and CONTACT Precautions (not all inclusive)

- Adenovirus
- COVID-19
- Influenza
- Rhinovirus
- Enterovirus
- Parainfluenza
- Respiratory Syncytial Virus (RSV)

## NOTE!

- If the resident has diarrhea it is recommended that soap and water be used for hand hygiene after removing gloves instead of alcohol-based hand rub.
- COVID-19 + Aerosol Generating Medical Procedure (AGMP) = N95 Respirator + Facial Protection. If a resident is suspected or confirmed to have COVID-19 and AGMPs are required e.g., CPR, BiPAP, CPAP, tracheostomy care, aerosolized medication administration, then a fit tested N95 respirator is to be worn for respiratory protection (not a procedure mask).
- The room door is to remain closed during AGMP.