

# COVID-19



## FRONT LINE WORKER SAFETY GUIDE

### Before Work



Wear clean clothes to work



Ensure you have dedicated work shoes



Bring any food in a disposable or washable bag



Follow your facility policy on jewelry/nail polish restriction

### At Work



Change into your clean uniform or scrubs at work



Sanitize your phone, earbuds, ID badge, stethoscope (if applicable) and glasses



Change into work shoes



Store belongings outside of patient care area



Sanitize meal surfaces and perform proper hand hygiene before eating



Wear appropriate PPE as directed when providing care

### After Work



Change back into your clean clothes.



Place hospital scrubs in hospital laundry



Place used home uniform into disposable or washable bag



Sanitize your phone, earbuds, ID badge, glasses, stethoscope (if applicable)



Remove dedicated work shoes



Shower at work or immediately at home



Water bottles/ food containers in dishwasher or sink for cleaning



Work clothes in washer