

## Transferring Lifting Repositioning (TLR®) program® Delivery Guide

### Options for program delivery

1. Online Education – self-directed learning:
  - This course does not deem someone “trained” in TLR
2. Split Classroom – online education (mandatory completion prior to classroom training) followed by facilitated classroom training within six (6) weeks of taking online education.
3. Traditional facilitated classroom training:
  - workers attend a classroom session facilitated by a SASWH approved and current trainer.

Initial Education or Training		
Option 1	Option 2	Option 3
<b>Online education</b>	<b>Online education plus classroom training within 6 weeks</b>	<b>Traditional TLR facilitated classroom training</b>
1.5 +/- hours dependent upon the learner  no certificate issued	TLR online education plus <ul style="list-style-type: none"> <li>▪ 2 hours +/- classroom for object moving</li> <li>▪ 5 hours +/- classroom for client moving</li> </ul> optimal class size of 6	half day for object moving full day for client moving optimal class size of 6
<b>Re-evaluation</b>		
	<b>Online education plus classroom training within 6 weeks</b>	<b>Traditional TLR facilitated classroom training</b>
	TLR online education plus <ul style="list-style-type: none"> <li>▪ 1.5 hours +/- classroom for object moving</li> <li>▪ 3 hours +/- classroom for client moving</li> </ul> optimal class size of 6	2 hours +/- for object moving 3.5 hours +/- for client moving optimal class size of 6

### Traditional classroom training recommendations (page 12 TLR User Manual)

Program level	Duration	Ratio
Train the Trainer	3 days	1 instructor for 6 trainer candidates
▪ Recertification	1 day, within three years of initial certification	
Client Moving	full day	1 instructor or trainer for 6 participants
▪ Re-evaluation	half day, within three years from initial training	
Object moving	half day	1 instructor or trainer for 6 participants
▪ Re-evaluation	2 hours, within three years from initial training	

TLR requires regular re-evaluation every 3 years. If a participant is not current in TLR training and has expired past the three years from initial training, a general participant session is required. If a participant requires a re-evaluation, the re-evaluation can only be for the program level of initial training.