SASKATCHEWAN ASSOCIATION FOR

IN HEALTH

PLACES

SAFE WORK



SASKATCHEWAN ASSOCIATION FOR SAFE WORKPLACES IN HEALTH	Name of Activity: TLR On-Site Skills Assessment for Re- evaluation Activity: Worker observation of TLR principles and safe moving techniques				
	Location:			Depa Trair	artment: ning
STANDARD WORK				icable for: trainer/instructor	
	Date Prepared: Oct, 2022	Last Revision:Date ApproSept, 2023July, 2023		Date Approved: July, 2023	

Standard Work Summary

Strategic approach for TLR re-evaluation to address back log of re-evaluation training. Workers must meet the requirement for a re-evaluation and their TLR training must not be expired. If workers training has expired, they are required to take a full general participant session.

Assessment tool is not to be used as a stand-alone document. This standard work must be used with the skills assessment process.

Task Sequence	Task:
1.	Only SASWH Approved TLR trainers or instructors are to conduct the TLR On-Site Skills Assessment for Re-evaluation.
	Note: TLR trainers and instructors must be current with their certification.
2.	Connect with on site manager/supervisor to schedule day and time for TLR on-site skills assessment process. At this time, determine the number of workers requiring TLR re-evaluation and ensure staff will have adequate time to complete the requirements of the re-evaluation.
	Note: Worker's attention is required to avoid delays in the completion of the re-evaluation.
3.	Be sure to identify the ideal time for the re-evaluation to observe as many tasks as possible during observation portion of re-evaluation. This will decrease the time needed for review.
4.	Ensure workers being observed are prepared and know what to expect prior to their TLR On-Site Skills Assessment for Re-evaluation.
5.	Observation of worker is done in their regular work environment. If workers are partnered with another worker during time of re-evaluation, two workers may be re-evaluated at the same time.



Transferring • Lifting • Repositioning

Task Sequence	* Repositioning
6.	Observation for TLR Object Moving is minimum 15 minutes and allow up to 30 minutes for review, coaching, demonstration, and return demonstration (task steps 11 & 12). Take notes of what is observed.
7.	Observation for TLR Object & Client Moving is minimum 30 minutes and allow up to 60 minutes for review, coaching, demonstration, and return demonstration (task steps 11 through 14). Take notes of what is observed.
8.	Observe worker(s) performing their regular tasks. When observing, try to observe worker(s) performing different/multiple tasks to get a full picture of eliminating or managing risks and to ensure the use of safe body mechanics. For client moving, try to observe client moving techniques: reposition, standing transfer and lift (if applicable).
9.	Do not go over the allotted time for observations. If a technique is not observed, ensure you review that technique during review period.
10.	During observation, if needed, give corrective action of safe body mechanics. Coach and mentor worker during observation to aide in the facilitation of success and not to set worker up for failure. Take notes of what is observed, and any coaching given.
11.	For each technique circle Y (yes), N (no) for each risk below. When observing, if the risks have not been eliminated or managed a comment or reason must accompany the No response. Note: if worker corrects to safe body mechanics in the moment, a Yes may be the appropriate response. This would be up to the discretion of the trainer/instructor.
12.	Reference current TLR User Manual during review process.
13.	Review the risk assessments and risk assessment process with worker.
14.	Review each general moving technique with the worker; demonstrate the technique and then observe a return demonstration of each technique by the worker.
15.	For Client Moving: review each client moving techniques; demonstrate then observe a return demonstration of each technique applicable to their job. If a worker doesn't use lifts, you would not demonstrate lifts.
16.	For Client Moving: review logo criteria, the process of how to change a logo, process for more than one logo, In the moment risk assessment.
17.	Document on the form the areas the trainer/instructor coached worker on. Confirm that all areas have been discussed with the worker and there is a solid understanding of the TLR principles. If there is not a solid understanding, ensure worker is aware that further training is required.
18.	Document whether wallet card was issued for re-evaluation or if an in-class session for re-evaluation is required.
19.	Document applicable training in workers training records as per employer's policy.





TLR On-Site Skills Assessment for Re-evaluation

Worker Name: Dept:	TLR Trainer Name:		Date: Date of last training:
Task:			
General moving technique:			
Client moving technique:			
Lifts: DSit/Stand DCeiling trac	ck □Floor □Tub cha	ir	
Observe worker managing or risk below (1-10). Circle Yes o comment. If risk not applicable comment why.	r No and provide	Yes/No	Comments: positives, areas to work on, or not applicable.
 Safe Body Mechanics: For the top For the bottom Comfort Zone 		Y/N	
 2. Self Risk Assessment: Physical status Emotional status 	Experience/ training Workload	Y/N	
 3. Environment Risk Assessment Potential for violence Room/area Color/lighting 	Noise/distractions	Y/N	
 4. Equipment Risk Assessment: Was proper equipment us Inspected Used as intended 	ed	Y/N	
 5. Object & Task Risk Assessme Size/shape Frequency/repetition Distance to be moved 	nt:	Y/N	
6. In the moment risk assessmen	t: (Object)	Y/N	
 7. Client Mobility Risk Assessment Communication Cognitive Emotional 	nt: Medical Physical/ Functional	Y/N	
8. Was the logo current and follow (including proper use of transfe		Y/N	





	Kepesitioning
9. In the moment risk assessment: (Client)	
	Y/N
10. Communication	
	Y/N

Review the following with the worker:

Checkpoints to Safe Body Mechanics (reference Module 1, TLR User Manual)

□ Risk assessment (self, environment, equipment, object and task, client, In the Moment) (reference Module 2, TLR User Manual)

General moving techniques (reference Module 3, TLR User Manual) – demonstrate and return demonstration.

□ push/pull	□ golfer's lift	one handed partial squat	diagonal lift
□ tri-pod lift	power lift 1 worker	power lift 2 worker	reposition

Client moving techniques (reference Module 4, TLR User Manual)– demonstrate and return demonstration.

□ lying/sitting/lying	□ standing transfer with belt	□ standing transfer with belt
	one worker: front and side	two workers: front and side
□ sit/stand: harness application	total lift: sling application and	reposition: up, turn, from top
and removal	removal	

□ Logo criteria, changing a logo, more than one logo, client mobility flow sheet, safe work practice – client mechanical lifts (client moving only)

Positive feedback: _____

Coaching provided on: _____

Select the statement below that identifies the worker has the competency needed to perform a safe moving technique or needs in-class TLR re-evaluation training:

□ Worker has shown competencies in TLR and has shown the ability to perform a safe moving technique. Worker has obtained their re-evaluation in TLR. Wallet card given.

□ Worker has not shown competencies in TLR needed to perform a safe moving technique and is required to attend an in-class TLR re-evaluation. Wallet card not given.

Worker signature:

TLR trainer/instructor signature:

SAFE WORKPLACES

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Notes

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