

## Catalogue of Safety Talks

This catalogue will assist you with finding a Safety Talk on SASWH's website ([www.saswh.ca](http://www.saswh.ca)). Where OH&S legislation is referenced, the Act refers to *The Saskatchewan Employment Act, Part III*, and Regulations refers to *The Occupational Health and Safety Regulations, 2020*.

*Safety Talks added since the last catalogue update are indicated in **bold**.*

Category	Safety Talk
Body Mechanics (2)	<ul style="list-style-type: none"> <li>▪ Be a Smooth Mover</li> <li>▪ Self-Assessment – Body Mechanics</li> </ul>
Dementia Care (3)	<ul style="list-style-type: none"> <li>▪ 10 Tips for Communicating with a Person with Dementia</li> <li>▪ Managing Behaviour Changes</li> <li>▪ Seven A's of Dementia</li> </ul>
Dietary (4)	<ul style="list-style-type: none"> <li>▪ Injury Prevention for Cooks</li> <li>▪ Preventing Slips, Trips, and Falls</li> <li>▪ Safe Use of Knives</li> <li>▪ Using Mixer Guards</li> </ul>
Driving (4)	<ul style="list-style-type: none"> <li>▪ Combat Drowsy Driving</li> <li>▪ Eliminate Distracted Driving</li> <li>▪ Prepare for Winter Driving</li> <li>▪ Wet Weather Driving Tips</li> </ul>
Environmental Services (18)	<ul style="list-style-type: none"> <li>▪ Cleaning Walls</li> <li>▪ Floor Scrubbers and Polishers</li> <li>▪ Garbage – Emptying Cans</li> <li>▪ Garbage – Managing Containers and Bags</li> <li>▪ Garbage – Pulling Bags</li> <li>▪ Garbage – Transporting, Lifting, and Dumpsters</li> <li>▪ High Dusting</li> <li>▪ Mopping – Body Movement</li> <li>▪ Mopping – Bucket and Mop Selection</li> <li>▪ Mopping – Water Pails and Buckets</li> <li>▪ Mopping – Wringing</li> <li>▪ Moving Barrels and Carts</li> <li>▪ Organizing Your Work</li> <li>▪ Preventing Slips, Trips, and Falls</li> <li>▪ Snow Shoveling</li> <li>▪ Sweeping</li> <li>▪ Wiping and Dusting</li> <li>▪ Workplace Awareness</li> </ul>
Ergonomics (2)	<ul style="list-style-type: none"> <li>▪ Monitor, Keyboard, and Mouse</li> <li>▪ Seating Tips</li> </ul>
General (26)	<ul style="list-style-type: none"> <li>▪ 10 Tips for Working with Limited Resources</li> <li>▪ Accountability and Compliance</li> <li>▪ Bullying in the Workplace</li> <li>▪ Eyes and Mind on Task</li> <li>▪ Fatigue – Are You at Risk?</li> <li>▪ First In-First Out</li> <li>▪ Food and Drink at Your Workspace</li> <li>▪ Footwear – Legislated</li> <li>▪ Footwear – Walk Safe to and from Work</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Harassment</li> <li>▪ Health and Safety Hazard Identification</li> <li>▪ Investigations</li> <li>▪ Lockout-Tagout</li> <li>▪ New Worker Orientation</li> <li>▪ Portable Ladder Inspections – Continuous or Ongoing</li> <li>▪ Pre-Task Briefing – Be Prepared</li> <li>▪ Reporting of Incident and Worker Concern</li> <li>▪ Safety Rules</li> <li>▪ Safe Use of Sharps Containers</li> <li>▪ Safe Work Practices</li> <li>▪ Safe Work Procedures</li> <li>▪ Sensitivities and Allergens</li> <li>▪ Stay Alert – Stay Safe</li> <li>▪ Staying in Touch When Working Alone</li> <li>▪ Teamwork</li> <li>▪ Workplace Civility and Respect</li> </ul>
Legislated Duties, Rights, and Responsibilities (4)	<ul style="list-style-type: none"> <li>▪ General Duties – Legislated</li> <li>▪ Occupational Health Committees</li> <li>▪ <b>Violence Prevention - Legislated</b></li> <li>▪ Workers' Rights</li> </ul>
PART® program © (9)	<ul style="list-style-type: none"> <li>▪ Assault Cycle</li> <li>▪ Basic Needs Model</li> <li>▪ The Communication Model</li> <li>▪ The Developmental Model</li> <li>▪ The Environmental Model</li> <li>▪ The Interactive Model</li> <li>▪ Our Attitude</li> <li>▪ Self-Assessment</li> <li>▪ Understanding Behaviours</li> </ul>
Personal Health (4)	<ul style="list-style-type: none"> <li>▪ Be Sweet to Your Feet</li> <li>▪ Hand Washing: Reducing Risk of Common Infections</li> <li>▪ Take Care of Your Back</li> <li>▪ Work-Life Balance</li> </ul>
Personal Protective Equipment (1)	<ul style="list-style-type: none"> <li>▪ Donning and Doffing Gown, Mask, Goggles and Gloves</li> </ul>
Safe Object Handling (2)	<ul style="list-style-type: none"> <li>▪ Elements to Moving an Object</li> <li>▪ Removing Risks from Object Moving Tasks</li> </ul>
Safe Patient Handling and Equipment (6)	<ul style="list-style-type: none"> <li>▪ Effect of Violence on the Client Moving Task</li> <li>▪ Equipment Checks</li> <li>▪ General Safety Instructions for Patient Lifts</li> <li>▪ Lifting Children Safely</li> <li>▪ Repositioning Sheets</li> <li>▪ Sling Label Information</li> </ul>
Safety Management System (SMS) (9)	<ul style="list-style-type: none"> <li>▪ SMS - Introduction</li> <li>▪ SMS - Element 1</li> <li>▪ SMS - Element 2</li> <li>▪ SMS - Element 3</li> <li>▪ SMS - Element 4</li> <li>▪ SMS - Element 5</li> <li>▪ SMS - Element 6</li> <li>▪ Leading and Lagging Indicators</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Risk Matrices</li> </ul>
TLR® program © (17)	<ul style="list-style-type: none"> <li>▪ 1-2-3-Command</li> <li>▪ Assess Your Own Self for Risks</li> <li>▪ Assess the Object for Risks</li> <li>▪ Assess the Environment for Risks</li> <li>▪ Assess the Equipment for Risks</li> <li>▪ TLR Logos</li> <li>▪ TLR Program and Mechanical Lifts</li> <li>▪ TLR Transfer Belts</li> </ul> <p>TLR Safe Work Practices:</p> <ul style="list-style-type: none"> <li>▪ Client Mechanical Lifts</li> <li>▪ Client Moving</li> <li>▪ Client Moving - Lying to Sitting - Sitting to Lying</li> <li>▪ Client Moving - Standing Transfers</li> <li>▪ Client Repositioning</li> <li>▪ General Moving</li> <li>▪ In the Moment Risk Assessment - Client Moving</li> <li>▪ In the Moment Risk Assessment - Object Moving</li> <li>▪ Pushing/Pulling Wheeled Equipment</li> </ul>
Trades (4)	<ul style="list-style-type: none"> <li>▪ Handling Construction Material - Drywall, Gyprock</li> <li>▪ Handling Construction Material - Manual Handling</li> <li>▪ Handling Flooring - Carpet, Linoleum</li> <li>▪ Handling Heavy Tools and Equipment</li> </ul>
Transportation of Dangerous Goods (TDG 6.2) program (1)	<ul style="list-style-type: none"> <li>▪ TDG 6.2 Infectious Substances (exempt or not exempt)</li> </ul>
WHMIS 2015 and WHMIS after GHS (6)	<ul style="list-style-type: none"> <li>▪ Consumer Products and WHMIS 2015</li> <li>▪ Globally Harmonized System – pictograms and hazards</li> <li>▪ WHMIS After GHS – Why, How, Roles, and Responsibilities</li> <li>▪ WHMIS – Decanting</li> <li>▪ WHMIS 2015 - Training and Education</li> <li>▪ WHMIS 2015 - Transition</li> </ul>