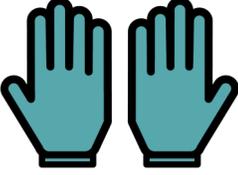
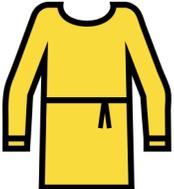


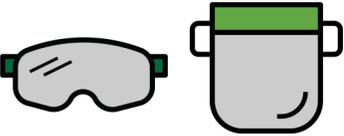
Steps to Take Off (Doff) Personal Protective Equipment

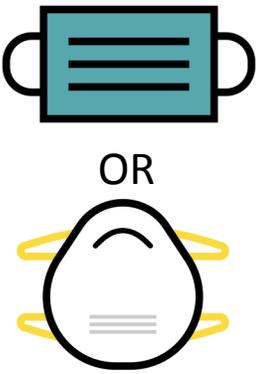
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1 GLOVES
Glove-to-glove to remove 1st glove
Skin-to-skin to remove 2nd glove
Discard in garbage
- 

2 HAND HYGIENE
*rub/scrub for at least 15 seconds
- 

3 GOWN
Unfasten neck then waist ties
Roll away from body
Discard in laundry (reusable) or garbage (disposable)
- 

4 HAND HYGIENE
*rub/scrub for at least 15 seconds
- 

5 GOGGLES or FACE SHIELD
- 

6 MEDICAL MASK
Untie bottom then top tie OR grasp the elastic straps behind both ears, pull forward off the head
Discard in garbage

N95 RESPIRATOR
Bending forward slightly, lift the bottom elastic over your head first, then the top elastic and lift away from face
Discard in garbage
- 

7 HAND HYGIENE
*rub/scrub for at least 15 seconds