

Steps to TAKE OFF (DOFF) Personal Protective Equipment

1



GLOVES

Glove-to-glove to remove 1st glove
Skin-to-skin to remove 2nd glove
Discard in garbage

2



HAND HYGIENE

3



GOWN

Unfasten neck then waist ties
Roll away from body
Discard in laundry (reusable) or garbage (disposable)

4



HAND HYGIENE

5



GOOGLES or FACE SHIELD

6



MEDICAL MASK

Untie bottom then top tie OR grasp the elastic straps behind both ears, pull forward off the head
Discard in garbage



N95 RESPIRATOR

Bending forward slightly, lift the bottom elastic over your head first, then the top elastic and lift away from face
Discard in garbage

7



HAND HYGIENE



Scan to
watch video