Respiratory Fit Test Quick Reference Guide for Fit Test Process

Step 1

- Ensure organization of equipment, workspace and activities are completed prior to commencing fit testing

Step 2

- Go through orientation with workers if not completed prior to fit testing

Step 3

- Complete the Respirator Screening Form
- Ensure workers health conditions do not affect respirator use prior to fit testing
- If required, refer to a health care professional for primary assessment

Step 4

- Complete Respirator Fit Test Document
- Ensure the Pre-fit testing has been adhered to prior to fit testing

Step 5

- Begin the QLFT or QNFT fit testing process
- Select the appropriate respirator, complete seal checks, comfort assessment and scoring
- Ensure workers are competent with donning and dofing of respirator prior to moving to next step

Step 6

- If a second respirator is required, repeat step 4 and 5
- If QLFT the sensitivity test must be repeated

Step 7

- Complete all documentation. Ensure documents are signed by both parties if requierd: Respirator Screening form, Respirator Fit Test Documentation, Attendance List for fit testing, and Wallet Card