PART® Notice of Physical Techniques

The PART® course contains materials, discussions, and topics that may be emotionally or intellectually sensitive. Topics may include themes of violence, historical trauma, or medical crisis. These topics may evoke strong emotional responses for some participants.

An in-class training component is required after completing the online course. The training involves hands-on practice of physical techniques to provide the participant with tools to respond to a potentially violent situation. This training requires participants to be in close proximity with other participants, which may involve vulnerable positions, including simulated chokes, holds, and other physical interventions. Some participants may find these activities emotionally or psychologically challenging or may experience strong emotional responses.

If you have any questions or concerns about the course content or training activities, please reach out to your manager/supervisor.